

Dr. A. Martin Lerner CFS Foundation

Press Release

For Immediate Release

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Dr. A. Martin Lerner Award Recipient for Dedication to Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Research and Treatment

BEVERLY HILLS, MI – March 1, 2010 Dr. A. Martin Lerner of The Treatment Center for CFS in Beverly Hills, Michigan was presented the Heart Award from Mothers Against Myalgic Encephalomyelitis(MAME), an international advocacy organization representing patients all over the world with Myalgic Encephalomyelitis(ME), also called Chronic Fatigue Syndrome(CFS).

The award read:

*"A. Martin Lerner, MD
MAME is proud to present you with our
2010 Heart Award.
Each year we chose to honor a doctor
who has sacrificed so very much,
perhaps more than we will ever know,
to study the horrific disease,
Myalgic encephalomyelitis.
We hope that you will like this little token,
a symbol of how we patients thank you
from the bottom of our hearts."*



(Dr. A. Martin Lerner receiving Heart Award surrounded by staff, patients and foundation members)

The Heart Award was presented by a long time patient of Dr. Lerner's, and ME/CFS advocate Ken Huddleston.

"It was an honor for me to present this award on behalf of the president and founder of MAME, Jean Harrison," said Huddleston. "Dr. Lerner saved my life. I took an early retirement and moved to Michigan to be closer to my children and grandchildren, as I thought I was preparing to die. I was introduced to Dr. Lerner, and through his CFS treatment protocol he gave me my life back. I am now enjoying my retirement, time with my wife and playing with my grandkids – just last week we were building snow forts and before that it was their pinewood derby cars."

The timing of this award comes just on the heels of Dr. Lerner's third piece of ME/CFS research published in the past year alone. It's titled "A paradigm linking herpesvirus immediate early gene expression apoptosis and myalgic encephalomyelitis, chronic fatigue syndrome," published by Virus Adaptation and Treatment. (A PDF can be found: http://www.treatmentcenterforcfs.com/links/documents/VAAT-15105-herpesvirus-immediate-early-gene-expression-induces-host-cel_022111.pdf) This research, linking a single gene expression to ME/CFS, is just one more, of over 200 professional publications in his career.

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Dr. Lerner is the 8th recipient of the Heart Award. It has been awarded to doctors throughout the world that have committed their lives to supporting patients with ME or CFS. Past recipients include the ME/CFS powerhouses of Dr. John Richardson, Dr. Leonard Jason, Dr. Daniel Peterson, Dr. Derek Enlander and Dr. David Bell, to name a few.

When asked why Dr. Lerner was chosen for this award, Jean Harrison responded, "The words that come to mind for us are longevity, fortitude. There is an innate need by Dr. Lerner to know and understand. But where Dr. Lerner stands apart is he then follows up that need to understand with the need to apply his research to improve the lives of his patients. He has worked long and hard to for all of the recognition he receives. He's devoted his life to this patient population. It takes courage. It takes heart."

The award was presented amongst patients, Dr. A. Martin Lerner CFS Foundation members, friends and staff of the Treatment Center for CFS in Michigan. Upon receiving the award, Dr. Lerner responded, "I am honored to receive the 2010 Mothers Against Myalgic Encephalomyelitis Heart Award. I am pleased to join others, physicians, patients and families, seeking to understand ME/CFS and, there-with, help our patients recover to live healthy lives. This ME/CFS understanding, healing is now near. I am grateful to continue to be a part of this search. Thank you."

(Photo by: Kim Easlick, View Finder Photography)

About Myalgic Encephalomyelitis (ME) and Chronic Fatigue Syndrome (CFS)

Chronic Fatigue Syndrome, also called Chronic Fatigue and Immune Dysfunction Syndrome (CFIDS) or Myalgic Encephalomyelitis (ME), affects as many as 4 million people in the US alone, by CDC estimates, with a quarter disabled. It affects more Americans than AIDS, lung cancer and breast cancer combined. Research by the National Chronic Fatigue foundation found CFS sufferers average age of death to be as much as 20 years premature to the average American. It is a multi-symptom disease, affecting the cardiovascular, immune and central nervous system. The most publicized symptom of the disease is the crippling fatigue, with most patients bed-ridden for all but a few short minutes or hours per day. To the naked eye these patients may look healthy, due to the "invisible" nature of the symptoms, many times causing confusion regarding its legitimacy among the public and physicians alike.

About Dr. A. Martin Lerner

Dr. A. Martin Lerner founded the Treatment Center for Chronic Fatigue (www.treatmentcenterforcfs.com) in Beverly Hills, Michigan. An Infectious Diseases specialist who was at one time plagued by CFS, he has committed the past 25 years to the diagnosis and treatment of CFS for patients around the world. In the past 50 years Dr. Lerner has written over 200 original articles spanning many areas of infectious diseases and virology.

About Dr. A. Martin Lerner CFS Foundation

The mission of this foundation is to advance research, treatment and dissemination of information leading to a better understanding of Chronic Fatigue Syndrome.

About Mothers Against Myalgic Encephalomyelitis

Founded in 1999 as a vehicle for promoting awareness and education about Myalgic Encephalomyelitis, enlisting the support of healthy family and community members through volunteerism. Drawing on a constituency of mothers who advocate for their children, their first efforts were with college and university student disability services, to allow accommodation for students with ME and/or CFS. It has since expanded from educational institutions to government, state and local. They are the organization that filed complaints with the Office of Civil Rights regarding the inability for ME/CFS patients to attend what are now called the CFSAC meetings. 3 years of hard work later, those meetings are now broadcast over the web for the thousands of bedridden patients around the world to participate.

Keywords: Chronic Fatigue Syndrome, CFS, Chronic Fatigue and Immune Dysfunction Syndrome, CFIDS, Myalgic Encephalomyelitis, ME, Energy Index Point Score, EIPS, Dr. A Martin Lerner, Dr. A. Martin Lerner CFS Foundation, Treatment Center for CFS, Mothers Against Myalgic Encephalomyelitis, ME, ME/CFS

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